



'delicious'

**THE
DELI
RESTAURANT
SINCE
1976**



jasonsdeli.com



Morganics



Ask for our Gluten-Free menu.

V Designates vegetarian items.

Can't decide? Order off the much smaller **Specials** board on the wall. Or, ask our people what they like best on the menu.

We also take requests. If we have the ingredients, we'll make it.

Soups

Every savory soup starts with our **original recipes**, some handed down from family members and others created or updated by our R&D team. Add a cup of comfort to your sandwich or order a bowl; it's a meal. And ask about the special **Soup of the Day**.

soup of the day

french onion **V**

vegetable **V**

tomato basil **V**

broccoli cheese

cup 2.59 • bowl 3.59

chili

southwest chicken chili

spicy seafood gumbo

chicken pot pie

NEW! beef stew

cup 3.59 • bowl 4.59

Salads

Choose a sensational specialty salad or be creative and build your own salad at our **Famous Salad Bar** with **morganics** and options galore. The season's best mixed **fruit** with creamy fruit dip is a top to-go item.

The Big Chef

Premium ham, oven roasted turkey breast, swiss, cheddar, tomatoes, kalamata olives, hard-boiled egg slices on mixed salad greens. **6.99**

Nutty Mixed-Up Salad

Marinated chicken breast, **organic** field greens, grapes, feta, nuts, dried cranberries, pumpkin seeds, raisins and **organic** apples. **7.49**
salad without chicken 6.49

Famous Salad Bar

All you can eat, fresh-cut vegetables, select **organics**, fresh-made potato and pasta salads, gingerbread muffins, garlic toast, etc. **6.99**

add a side of: chicken salad with almonds and pineapple, tuna salad, premium ham, turkey, smoked turkey, or chicken breast **1.49**

add some soup! cup .99 • bowl 1.59

Chicken Caesar

Marinated chicken breast, romaine, asiago, croutons, creamy caesar dressing. **6.99** **salad without chicken 5.99**

Taco Salad

Lettuce, **organic** blue corn tortilla chips, topped with your choice: chili or southwest chicken chili. Garnished with cheddar, sour cream, southwest spices and fresh-made guacamole and pico de gallo. Salsa on the side. **6.99**

Fresh Fruit Cup

Served with fresh-made creamy fruit dip. **2.59**

Special

manager's

HALF SANDWICH DEAL

Half of **any sandwich** on the menu (excluding muffalettas) and your choice of **one:**

cup of any soup or fresh fruit **6.99**

side salad or caesar side salad **7.99**

Served with:

Chips or baked chips with a pickle spear

A Little Lighter Menu

Side Salad with purchase **3.99**

Interested guests can raise their count-consciousness and enjoy quality ingredients, reduced calories and fat for these sandwiches.

Served with your choice of: fresh fruit, steamed veggies, baked chips & pickle spear or **organic** blue corn tortilla chips with fresh-made salsa.

Club Lite

Toasted whole grain wheat with low fat smoked turkey breast, low fat ham, swiss, low fat honey mustard, lettuce, tomato. **6.59**

475 calories, 15 g. total fat, 5 g. saturated fat

Spinach Veggie Wrap **V**

Organic wheat wrap filled with mushrooms, **organic** spinach, asiago, sprouts and fresh-made guacamole and pico de gallo. Salsa on the side. **5.99**

359 calories, 17 g. total fat, 8 g. saturated fat

Mediterranean Wrap

Organic wheat wrap filled with 98% fat free oven roasted turkey breast, roasted red pepper hummus, cucumbers, purple onions, kalamata olives, roma tomatoes, **organic** field greens. **5.99**

320 calories, 11 g. total fat, 2 g. saturated fat

Turkey Reuben

98% fat free oven roasted turkey breast, sauerkraut, swiss, **organic** stone ground mustard, grilled on rye. **6.59**

510 calories, 13 g. total fat, 6 g. saturated fat

Turkey Wrap

Organic wheat wrap filled with 98% fat free oven roasted turkey breast, roma tomatoes, sprouts and fresh-made guacamole, ranch dressing. **5.99**

359 calories, 14 g. total fat, 4 g. saturated fat

Build Your Own Sandwich

Side Salad with purchase 3.99

Tell us what you want and we're happy to make it. Pick your **meat**, name your **bread**, select your **spreads** and **dress it up**. You also decide the **size**. It's okay; we're choosey, too.

Served with: Chips or baked chips with a pickle spear

whole/5.79 • half/4.79 • *slim/4.79

roast beef *slim = half-portion meat
oven roasted turkey breast between two whole slices
smoked turkey breast of bread
premium ham
fresh-made tuna salad
fresh-made chicken salad with almonds & pineapple

whole/6.29 • half/5.29 • *slim/5.29

hot corned beef
hot new york style pastrami

Breads

organic wheat wrap
multigrain ciabatta
herb foccacia
new orleans french bread
all butter croissant
whole grain wheat
white
rye
onion bun

Top It

lettuce
tomato
organic field greens
organic spinach
purple onion rings
italian peppers
.79 extra
fresh-made pico de gallo
sliced avocado
oven roasted herb tomatoes

Extras!

.99 extra substitutes for chips & pickle spear
organic blue corn tortilla chips & fresh-made salsa
steamed veggies
fresh-made american potato salad, italian or
tuna penne pasta salad
fresh fruit 1.49 extra

Spreads

mustard
organic stone ground mustard
mayo
smoked red pepper-cilantro aioli
basil pesto with pine nuts
leo's italian dressing
balsamic vinaigrette
extra virgin olive oil
.79 extra
fresh-made guacamole
roasted red pepper hummus

Cheeses

.59 extra
imported swiss
provolone
cheddar
american
jalapeño pepper jack

Hot off the Sandwich Press

Side Salad with purchase 3.99

Our first pressed sandwich impressed with its steamy, melted mingling of fresh ingredients inside **extra virgin olive oil** basted bread. And we keep inventing 'delicious' new versions.

Served with: Chips or baked chips with a pickle spear

Smokey Jack Panini

Smoked turkey breast, bacon, jalapeño pepper jack, roma tomatoes, russian dressing and fresh-made guacamole. Pressed between olive oil basted french bread. **6.59**

Chicken Club Wrapini®

Marinated chicken breast, bacon, swiss, cheddar, purple onions, roma tomatoes and fresh-made ranch dressing. Pressed between olive oil basted **organic** wheat wrap. **6.59**

Chicken Panini

Marinated chicken breast, provolone, basil pesto with pine nuts, roma tomatoes, **organic** spinach. Pressed between olive oil basted french bread. **6.59**

Grilled Portobello Wrapini® **V**

Grilled portobello mushroom marinated in leo's italian dressing, **organic** spinach, asiago and fresh-made guacamole, pico de gallo. Pressed between olive oil basted **organic** wheat wrap. **6.59**

NEW! JB's Bagelini

Smoked turkey breast, provolone, smoked red pepper-cilantro aioli and fresh-made guacamole, pico de gallo. Pressed between olive oil basted bagel. **5.29**

Potatoes Side Salad with purchase 3.99

Major **Idaho** potatoes are stuffed over their oven-baked edges. Prefer a **smaller portion?** Just ask and it's done. **\$1 off smaller portions**

Spud Au Broc®

Covered with broccoli cheese soup, cheddar, fresh broccoli, bacon, green onions. **6.19**

The Plain Jane®

Natural buttery blend, cheddar, sour cream, bacon, green onions. **6.19**

Pollo Mexicano

Marinated chicken breast, cheddar, sour cream, natural buttery blend, southwest spices and fresh-made pico de gallo. **6.39**

Texas Style Spud®

Smoked barbecue, cheddar, natural buttery blend. **6.39**

Favorites

Side Salad with purchase 3.99

Here's the people's choice of favorite traditional sandwiches from Jason's Deli. Want a **half-sandwich**? We'll make it.

Served with: Chips or baked chips with a pickle spear unless otherwise stated.

Club Royale

Toasted all butter croissant with smoked turkey breast, premium ham, bacon, swiss, cheddar, lettuce, tomato, honey mustard. **6.59**

Chicago Club

Herb foccacia with smoked turkey breast, bacon, provolone, smoked red pepper-cilantro aioli, **organic** spinach, roma tomatoes. **6.59**

Deli Club

Toasted whole grain wheat with premium ham and oven roasted turkey breast, bacon, cheddar, swiss, lettuce, tomato, mayo. **6.59**

California Club

Toasted all butter croissant with oven roasted turkey breast, bacon, swiss, tomato, sprouts, mayo and fresh-made guacamole. Served with fresh fruit or baked chips or steamed veggies. **6.59**

Reuben THE Great

Hot corned beef, swiss, sauerkraut, russian dressing, grilled on rye. **7.29**

The New York Yankee

Hot corned beef & pastrami, swiss and your choice of mustard or mayo, on rye. **7.29**

Amy's Turkey-O

Toasted onion bun with oven roasted turkey breast, sliced avocado, jalapeño pepper jack, purple onion rings, roma tomatoes, lettuce, **organic** stone ground mustard. **5.29**

BLT

Bacon, lettuce, tomato, mayo, toasted on whole grain wheat. **5.79**

Tuna Melt

Fresh-made tuna salad, swiss, mayo, tomato, grilled on whole grain wheat. **5.99**

Santa Fe Chicken Sandwich®

Marinated chicken breast, bacon, swiss, tomato, russian dressing and fresh-made guacamole. Grilled on whole grain wheat. **6.59**

NEW! The Big Joe

Toasted herb foccacia with oven roasted turkey breast, asiago, roasted tomatoes, basil-pesto mayo. **6.59**

Ranchero Wrap

Organic wheat wrap filled with marinated chicken breast, cheddar, jalapeños, southwest spices and fresh-made pico de gallo, ranch dressing. Served with **organic** blue corn tortilla chips and fresh-made salsa. **6.49**

Philly Chick® Wrap

Organic wheat wrap filled with marinated chicken breast, swiss, sautéed onions and bell peppers, low fat honey mustard. Served with fresh fruit or baked chips or steamed veggies. **6.49**

Hot Pasta

Side Salad or Caesar Side Salad with purchase 3.99

We are a family of delis and pasta is one of our ideal family meals, made simply with time honored recipes and topped with a lot of **real asiago**.

Served with: Warm olive oil foccacia

Chicken Pasta Primo

Penne pasta topped with marinated chicken breast, tomato-basil sauce, asiago. **7.29**

Penne Pasta & Meatballs

Penne pasta topped with meatballs, italian red sauce, asiago. **7.29**

Chicken Alfredo

Penne pasta topped with marinated chicken breast, creamy alfredo sauce, asiago. **7.29**

Portobello Garden Pasta

Bowtie pasta topped with grilled portobello mushrooms, oven roasted herb tomatoes, **organic** spinach, artichokes, asiago. **7.29**
prefer marinated chicken breast instead of portobello mushrooms? just ask!

Muffalettas

featured on the Food Network!

Our signature grilled sandwich honors our Italian heritage and the City of New Orleans where the muffaletta was born. It's a **Mardi Gras party in your mouth**.

Toasted sesame seeds crown golden grilled New Orleans muffaletta bread, spread to the edges with our zesty olive mix and antipasti with rich olive oil that meet in a bed of provolone melted over perfect folds of choice meats.

Served with: Chips or baked chips with a pickle spear

Premium Ham & Hard Salami Muffaletta Oven Roasted Turkey Breast Muffaletta

NEW! Veggaletta

Muffaletta bread filled with grilled portobello mushrooms, provolone, **organic** spinach, tomatoes, red and yellow bell peppers, purple onions and fresh-made muffaletta olive mix.

add guacamole .79 extra

9" Whole-Muff 10.99

Half-Muff 7.59

Quarter-Muff 5.99

Special

quarter-muff DEAL

ham & salami, turkey or vegetarian muffaletta with choice of any cup of soup or fresh fruit cup. **6.99**

Served with: Chips or baked chips with a pickle spear

Po'boys

Side Salad with purchase 3.99

Taste the real deal. New Orleans streetcar drivers made them famous and our delis make po'boys right with **authentic French bread** from the Big Easy and the finest meats.

Served with: Chips or baked chips with a pickle spear

MeataBalla Po'boy

Meatballs, italian red sauce, provolone. **6.59**

Beefeater

Hot roast beef, provolone, mayo with cup of au jus. **6.59**

Sergeant Pepper®

Hot roast beef, sautéed onions and bell peppers, provolone, mayo with cup of au jus. **6.59**

Pastrami Melt

Hot pastrami, swiss, russian dressing. **6.59**

Pot Roast Melt

Juicy pot roast, provolone and smoked red pepper-cilantro aioli. **6.59**

Sides

steamed veggies
fresh-made tuna penne pasta salad
fresh-made italian pasta salad
fresh-made american potato salad

cup 1.79

Your choice!

organic blue corn tortilla chips
with your choice: roasted red pepper
hummus or fresh-made salsa,
guacamole 2.29

cup of fresh fruit

served with fresh-made
creamy fruit dip 2.59

Desserts

Fresh Baked Cookie .99

Cranberry walnut oatmeal, chocolate chip,
white chocolate macadamia nut or
peanut butter

Fudge-Nut Brownie 1.29

Strawberry Shortcake 2.99

Classic Cheesecake 2.99

Turtle Cheesecake 2.99

Sugar-free Chocolate Cheesecake 2.99

Fruit-topped Cheesecake 2.99

Carrot Cake 2.99

free ice cream!

Drinks

free refills with
fountain drinks and tea

Fountain Drinks 1.89

Unsweetened or Sweetened Tea 1.89

Black Currant Tea 1.89

NEW! Organic Pomegranate Melon Tea 1.89

Lemonade 1.89

Jason's Water 1.69

San Pellegrino 1.99

Orange Juice 1.89

Apple Juice 1.89

Boylan Cane Sodas 1.99

Organic Bottled Teas 1.99

Organic Milk 1.29

NEW! Organic Fair Trade Coffee* 1.29

Organic Hot Tea 1.29

Wine** 2.99

Beer** 2.99

Premium Beer** 3.99

*Caffeinated only. **Where available

For all locations, maps & phone numbers, visit

jasonsdeli.com

NOTES:

The nutritional information provided is a compilation of data provided by Analytical Food Laboratories, Grand Prairie, TX (an independent testing facility contracted by Deli Management, Inc. d/b/a Jason's Deli.) While menu item ingredients are based upon standard product recipes and portions, variations may and do occur based upon ordinary differences inherent in the preparation of menu items, local suppliers, region of the country and season of the year. As many of our products are prepared by hand, serving sizes may vary. Further, differences in available packaging or serving containers may affect serving size.

Our product specifications result in a menu that is free of artificial trans fats and partially hydrogenated oils but are not necessarily low in saturated fat.

Jason's Just-Right Kid's Menu

We give parents every advantage in helping kids make better, balanced eating choices. Our food tastes great, has the highest quality, fresh ingredients and key nutritional information is listed. For kids 12 and under. Dine-in or to-go. Meals include drink choice: **organic** apple juice, **organic** low fat white or chocolate milk.

Tastier + Healthier = Happier

Kidwich Meals

Served with your choice of: **organic** apples,
organic carrots, fresh fruit or chips & pickle spear

Grilled Cheese 2.59 **V**

Bread choice: wheat or white

on wheat: 443 calories, 26 g. total fat, 10 g. saturated fat
on white: 483 calories, 27 g. total fat, 10 g. saturated fat

Hot Dog 2.59 — add chili 59¢

271 calories, 11 g. total fat, 5 g. saturated fat
with chili: 462 calories, 25 g. total fat, 12 g. saturated fat

Organic Peanut Butter & Jelly 2.59 **V**

Bread choice: wheat or white

on wheat: 389 calories, 11 g. total fat, 2 g. saturated fat
on white: 375 calories, 12 g. total fat, 2 g. saturated fat

NEW! Ham & Cheese 3.59

Bread choice: wheat, white or **organic** wheat wrap

on wheat: 331 calories, 11 g. total fat, 5 g. saturated fat
on white: 371 calories, 12 g. total fat, 5 g. saturated fat
on wrap: 241 calories, 10 g. total fat, 5 g. saturated fat

Turkey & Cheese 3.59

Bread choice: wheat, white or **organic** wheat wrap

on wheat: 331 calories, 9 g. total fat, 5 g. saturated fat
on white: 371 calories, 10 g. total fat, 5 g. saturated fat
on wrap: 241 calories, 9 g. total fat, 5 g. saturated fat

Chik-N-Wrap 3.59

Organic wheat wrap filled with marinated
chicken breast, cheddar and fresh-made
ranch dressing.

290 calories, 14 g. total fat, 6 g. saturated fat

J.D. Pickle Meals

Mac & Cheese 2.89 **V**

270 calories, 9 g. total fat, 5 g. saturated fat

Cheese Pizza 2.89 **V**

470 calories, 20 g. total fat, 7 g. saturated fat

Pepperoni Pizza 2.89

484 calories, 21 g. total fat, 8 g. saturated fat

Bowtie Pasta & Meatballs 3.59

500 calories, 21 g. total fat, 7 g. saturated fat

NEW! Bowtie Pasta & Chicken Alfredo 3.59

With marinated chicken breast

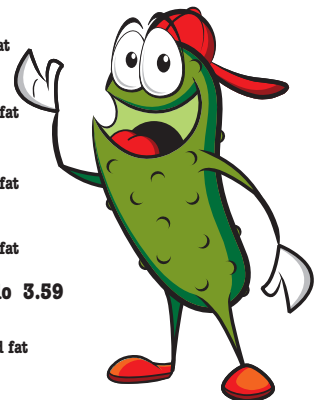
310 calories, 20 g. total fat, 11 g. saturated fat

Kid's Salad Bar 3.59

Kid's Baked Potato 3.59

Natural buttery blend, bacon, cheddar, sour cream

796 calories, 48 g. total fat, 28 g. saturated fat



**nitrite-free...and no
artificial colors & dyes!**